

# Cedrus Monte, Ph.D. Dipl.



## ■ Curriculum Vitae

**2003 to Present** Jungian Analytical Psychology Practice. Courses in Integrative Studies in Jungian Psychology. Zurich, Switzerland. Courses offered at ISAP Zurich.

**1998 - 2003** Jungian Analytical Practice. Taos, NM; Port Townsend, WA, USA.

**1994 - 1998** Jungian Analytical Practice. Zurich, Switzerland.

**1990 - 1997** Diplomate Jungian Analyst. Ph.D. Diploma. C. G. Jung Institute; Zurich, Switzerland.

**1991 - 1994** Instructor. Private, year-long courses in visual art and Jungian psychology; Staefa-Kehlhof, Switzerland. Supported by a grant from *The Susan Bach Foundation*, Zurich, Switzerland. *The Susan Bach Foundation* funds research in the relationship between psyche and soma.

**1990 - 1994** Independent research/Courses in movement, combining body-oriented therapy approaches, Jungian psychology and non-performance theatre approaches. Zurich, Switzerland.

**1983 - 1987** M.A., Psychology. California State University.

**1985 - 1986** Dance/Movement Therapy Program. California State University.

**1977 - 1995** Visual Artist. Work shown in San Francisco; Santa Fe; Seattle; Phoenix; Dallas; New York; France; Switzerland.

**1974 - 1976** Chinese Civilization Program. The Evergreen State College.

**1969 - 1971** B.F.A.. Painting and Printmaking. Minor, Portuguese. California State University.

## ■ Somatic Training

**2001- 2002** Butoh. *Djalma: Primordial Science Laboratory*. *Ephia and Jeff Gburek*. Taos, New Mexico.

**2001** Butoh. *Diego Pinon*. San Francisco, California.

**1990 - 1995** Independent Research/Courses in Movement, combining body-oriented therapy approaches, Jungian psychology and non-performance theatre approaches. Research and collaboration with *Dorothee Ruettimann*. Zurich, Switzerland.

1985 - 1986 Dance/Movement Therapy Program. California State University.

1981 - 1983 Ritual Theatre. *Antero Alli*. Berkeley, California.

1981 Clinical Education in Somatic Process. *Stanley Keleman*. Berkeley, California.

1981 - 1982 Continuum. *Emily Conrad Da'oud*. Berkeley, California.

1980 - 1984 Alan Wayne Movement and Bioenergetics. *Jan Messer*. Independent research and collaboration. San Francisco, California.

1977 Esalen Institute. Summer Residency with *Joan Fiore, Stan Grof, Frank Rubinfeld*. Big Sur, California.

1976 - 1977 Leonard Pitt School of Mime. *Leonard Pitt*. Berkeley, California.

## ■ Publications

2010 *Jungian Psychoanalysis: Working in the Spirit of Carl Jung*, edited by Murray Stein. Available for pre-order from Amazon. "The Body and Movement in Analysis." Summer 2010.

2005 *Quadrant: Journal of the C. G. Jung Foundation for Analytical Psychology*; New York, New York. "Numen of the Flesh." Summer 2005.

2003 *The Moonlit Path: Reflections on the Dark Feminine*. Ed. Fred Gustafson. "At the Threshold of Psycho-Genesis/The Mournful Face of God." Nicholas-Hayes, Maine. June 2003.

2001 *Quadrant: Journal of the C. G. Jung Foundation for Analytical Psychology*; New York, New York. "At the Threshold of Psycho-Genesis." Spring 2001.

2001 *The Alchemical and Visionary Works of Marylou Reifsnyder: A Jungian Perspective*. Commissioned by the University of New Mexico; Harwood Museum; Taos, New Mexico. Publication in museum catalogue of Reifsnyder's paintings. Exhibit: Summer 2001.

1999 *Images, Meanings and Connections: Essays in Memory of Susan R. Bach*. (1999) Ed. Ralph Goldstein. "The Inner Figure: Synchronistic Images of the Soul." Einsiedeln, Switzerland: Daimon.

1999 *Geronimo: A Journal of Politics and Culture*. January; Volume 2, Number 1. Taos, New Mexico. "Arriving at the Root."

## ■ Teaching Experience /Presentations

2011 *Anatomy of the Archetype*. The archetype is a psychosomatic concept, linking body and spirit, action and thought. Without the whole spectrum we cannot reach the level of wholeness required to be fully alive; the necessary coniunctio of spirit and matter never comes into being. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland.

2011 *Anatomy of the Archetype Embodied (Experiential workshop for the above lecture)*. Embodying dreams images through movement to experience the unity of psyche and soma, spirit and matter. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland.

**2010** *Mysteries of the Holy Spirit on the Mid-Atlantic Ridge and the Azorean Archipelago: Keeping the Tradition of the Holy Spirit Alive.* The Azores, the Mid-Atlantic Ridge and deep-sea hydrothermal vents embody the anima mundi as events in time and space. The particular *spiritus loci* of the Azorean Archipelago and the Mid-Atlantic Ridge may include the seeds of new life from depths of both ocean and psyche. The Azorean tradition of keeping the Cult of the Holy Spirit alive may signal the recognition and return of the divine feminine as co-creatrix; the return of respect for the common good; and the honoring of all life. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland.

**2009** *Lusitania: Land of Longing and Lament.* A lecture on the spiritual significance of longing and the necessity of lament as seen within the *spiritus loci* of Portugal and its cultural expressions. Please see this Lusitania site page (<http://www.cedrusmonte.org/lusitania/index.html>) for more complete information. Also very helpful is the Downloads page (<http://www.cedrusmonte.org/lusitania/downloads.html>) with reference papers and other related material. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland.

**2009** *The Body, Transference and Individuation.* A lecture on the body and movement in Jungian analysis. For related writing, please see *Numen of the Flesh* ([http://www.cedrusmonte.org/numen.html#numen\\_full](http://www.cedrusmonte.org/numen.html#numen_full)). The second related paper, *The Body and Movement in Analysis*, will be available at the end of 2009 in Murray Stein's anthology, *Jungian Psychoanalysis*. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland.

**2008** *Images of the Soul: Image-making as a Sacred Act.* A non-interpretive view of images and their making. A four hour lecture on the nature of images and the imaginal realm from a Jungian perspective. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland.

**2008** *Emptying, Listening, Forming Something Out of Nothing.* An experiential, somatic exploration in learning to empty the mind and follow the body. Personal as well as clinical applications. International School of Analytical Psychology (ISAP). Zurich, Switzerland.

**2007** *The Limbic System and Ritual: Theories Embodied.* The Jungian Odyssey Conference and Retreat 2007. Lucern, Switzerland. Summer intensive program for ISAPZurich (International School of Analytical Psychology Zurich).

**2007** *The Limbic System and Ritual: Theories Embodied.* International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland. An experiential workshop using movement to explore the relationship between psyche and soma, as addressed in Dr. Raffaella Ada Colombo's lecture ( *The Limbic System, Image and Ritual: Neurophysiologic aspects of cognitive and emotional processes*).

**2007** *Moving from Sensation to Psyche: Being Somatically Embedded in the World.* International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland. In collaboration with Eileen Nemeth, M.A.

**2006** *Numen of the Flesh: The Body as Ground for Spiritual Life.* Course at Jungian Odyssey Conference and Retreat 2006. Flüeli-Ranft, Switzerland. Summer intensive program for ISAPZurich (International School of Analytical Psychology Zurich).

**2005 - 2006** *Jungian Odyssey Conference and Retreat 2006.* Co-coordinator of Organizational Committee. ISAPZurich. Zurich, Switzerland.

**2005 - 2006** *Jungian Odyssey Conference and Retreat 2006*. Website layout and text. (In full collaboration. with artist and Web designer John H. Farr of ZPD in Taos, New Mexico).

**2005** *The Somatic Ego: Understanding the Ego through the Body*. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland. Exploring the nature of the ego at the level of somatic awareness.

**2005** *Transference and the Body*. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland. Explorations into the question of transference and countertransference as experienced in and through the body.

**2005** *The Imaginal Realm: Images and Their Implications*. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland. Lecture series on the psychoid and subtle body dimension of the psyche as understood through the creative, image-making process.

**2004** *Numen of the Flesh: The Body as Alchemical Retort*. International School of Analytical Psychology Zurich (ISAP). Zurich, Switzerland. Lecture series on understanding the *numinosum* as experienced in the body, through movement.

**2004** *Longing and the Dark Feminine*. Experiential colloquium exploring images of longing through the body and movement and as applied to clinical practice of Jungian psychology. Zurich, Switzerland.

**2003** *Encountering the Dark Feminine: Exploring Dream Images through Movement*. Experiential colloquium exploring dream images through the body and movement. Zurich, Switzerland.

**2003** *The Dark Feminine, The Dark Dance*. Lecture and seminar on the archetypal and instinctual elements of the dark feminine, especially as seen through the Japanese art form of *butoh*. The Vancouver Jung Society, Vancouver, B.C., Canada.

**2003** *The Dark Feminine: Introduction to Jungian Psychology*. Lecture; Fairhaven College at Western Washington University, Bellingham, WA, USA

**2003** *Moving Psyche Meeting Soma*. Experiential colloquium on the nature of the Dark Feminine. Port Townsend, WA, USA.

**2003** *Dream Movement: The Soul in Motion*. Course in Jungian psychology and movement, exploring dreams, psychosomatic symptoms, spontaneous drawings and other manifestations of the unconscious through different movement approaches including *butoh* (a Japanese dance form). Supported by a grant from the *Susan Bach Foundation* of Switzerland. Port Townsend, WA, USA.

**2002** *The Dark Feminine, The Dark Dance*. Lecture and seminar on the archetypal and instinctual elements of the dark feminine, especially as seen through the Japanese art form of *butoh*. The Seattle Jung Society, Seattle, WA, USA.

**2001** *Dream Movement: The Soul in Motion*. Course in Jungian psychology and movement, exploring dreams, psychosomatic symptoms, spontaneous drawings and other manifestations of the unconscious through different movement approaches including *butoh* (a Japanese dance form). Supported by a grant from the *Susan Bach Foundation* of Switzerland. Taos, New Mexico.

**2000** *Images and Implications*. Seminar for professional development. Irish Society for the Study of Jungian Psychology. Dublin, Ireland.

**2000** *Images and Implications*. Curriculum Seminar. C. G. Jung Institute; Zurich, Switzerland.

**1999** *Three Introductory Lectures on Jung and his Psychology*. Historic San Geronimo Lodge; Taos, New Mexico. (Presented twice.)

**1999** *The Imaginal Realm: Jungian Dimensions of Symbolic Thinking*. 16 CEU credits offered by New Mexico State Licensing Board for Counselors and Therapists. Taos, New Mexico

**1990 - 1994** *Awareness through the Body: A Somatic Experience of the Archetypes*. Private courses in non-performance theatre techniques, combining movement and archetypes. Zurich, Switzerland.

**1992** *Jungian Congress: Jung in the Religious and Lay Communities*. Einsiedeln Monastery Conference Center; Einsiedeln, Switzerland. Presenter: *Accessing the Unconscious through the Arts*.

**1986** *The Creative Arts as Therapy*. 4<sup>th</sup> Annual Symposium. "The Healer's Journey." Extended Education; Sonoma State University. Presenter: *Hermes Transport: A Return Guide from the God Within*.

**1985** *The Creative Arts as Therapy*. 3<sup>rd</sup> Annual Symposium. "The Healer's Journey." Extended Education; Sonoma State University. Presenter: *Image Making: Setting God Free*.

**1984** *The Creative Arts as Therapy. Rituals and Well-Being. A Symposium*. Extended Education; Sonoma State University. Presenter: *Three Dimensional Archetypes: Finding Spirit in Matter*.

## ■ Grants

**2001** *The Susan Bach Foundation*, Zurich, Switzerland. For research in the relationship between psyche and soma.

**1995** *The Susan Bach Foundation*, Zurich, Switzerland. For research in the relationship between psyche and soma.

## ■ Art Publications

**1982** *Women in Design International Compendium; Volume One*. Tiburon, California.

**1981** *Fiberarts*. (January/February Edition). Asheville, North Carolina.

**1980** *The Fiberarts Design Book*. New York: Hastings House Publishers.

## ■ Exhibitions

**1992** *Mythologies*. Kehlhof Galerie & Atelier. Staefa-Kehlhof, Switzerland.

**1992** *Homage to Music: A Celebration*. Kehlhof Galerie & Atelier. Staefa-Kelhof, Switzerland.

**1991** *GruppenAusstellug*. Kehlhof Galerie & Atelier. Staefa-Kehlhof, Switzerland.

**1989** *OffeneAusstellung: Zuerich-Stadt*. Zuespa-Halle. Oerlikon-ZH, Switzerland.

**1986** *Hermes 11*. Hermes 11 Studio Gallery. Oakland, California.

**1985** *Hermes 11*. Hermes 11 Studio Gallery. Oakland, California.

**1983** *Fiber, Fabric and Fashion: A Celebration and Record of Art Couture in the East Bay*. Presented by Pacific Basin School of Textile Arts. Berkeley Repertory Theatre. Berkeley, California.

**1980** *Maximum Coverage: Wearables by Contemporary American Artists*. Michael Kohler Art Center. Sheboygan, Wisconsin. (Catalogue)

**1979** *Costume Transformations: Still Life and Motion, Dress and Undress*. Sponsored by FiberWorks, School for Fiber Arts. First Unitarian Center. San Francisco, California.

**1979** *Winter Dragons of Wisdom*. An Exhibit of Santa Fe Artists. Armory for the Arts. Santa Fe, New Mexico.

## ■ Installations

**1994 - 1996** *Group Exhibition and Performance of INNER FIGURE*. Installation of figures made in year-long course in Jungian psychology and art. Instructor/Organizer. Three separate installations. Zurich, Switzerland.

**1976** *Reading Paint: A Way to Understand Modern Art*. Washington State Capitol Museum. Olympia, Washington. Designer of state-wide traveling exhibit.

## ■ Performances

**2002** *The Five Heads of Temptenchki*. Butoh performance with Djalma: Ephra and Jeff Gburek. Taos, New Mexico. Performer.

**1984** *Forever Returning*. A multi-media event of dance, music and visual imagery performed for *International Day of Peace* at Grace Cathedral in San Francisco, California. A collaboration of 10 artists. Originator/ Director/Performer/Visual Artist. (Televised.)

**1984** *Forever Returning*. A multi-media event performed at *The National Democratic Convention: A Vision of America at Peace*. San Francisco, California. Originator/Director/Performer/Visual Artist.

**1983** *St. Rene*. Play by Louis Vincequera. Mendocino and San Francisco, California. Visual Artist.

**1982** *Chapel Perilous*. Play by Antero Alli. Petaluma, Mendocino and San Francisco, California. Performer/Visual Artist.

**1979** *Winter Dragons of Wisdom*. Armory for the Arts. Santa Fe, New Mexico. A multi-media event performed with art exhibit (of same name). Originator/Director of performance.

## ■ Commissions

**1995** *Statue of Avalokiteshvara*. 22 centimeter porcelain clay statue of Tibetan deity for Lama

Lodro, Abbot of Tibetan Monastery; Zurich, Switzerland.

## ■ Community Events

**1999** *Breakfast with Nancy. KTAO Radio, Taos.* Fifty minute radio interview on Jung: his unique contributions to analytical psychology, and his experiences at Taos Pueblo in New Mexico.

## ■ Member

**IAAP** International Association of Analytical Psychology (Switzerland)

**AGAP** Association of Graduate Analytical Psychologists of the C. G. Jung Institute Zurich (Switzerland)

**ISAPZurich** International School of Analytical Psychology, Zurich, Switzerland